



Norwich U3A News

April 2026

## April Newsletter 2026

### Message from the Chairman

The Newsletter will now replace the Chairman's Update which I have been writing each month. Please send any items that you previously sent to me for inclusion in the Update to our new editor Rosemary Moore at [newsletter@u3anor.org](mailto:newsletter@u3anor.org)

Best wishes to everyone and I hope to see as many people as possible at our next monthly meeting.

**Derek**

Hello, I am Rosemary Moore, the new Newsletter Editor for U3A Norwich. This is my first attempt at writing a newsletter, so please be patient with me.

One of the things I want to do is focus on one group each month. This month's featured group is Swim and Chat.

### **Swim and Chat group.**

Annual Lunch went swimmingly!

Twenty members and guests enjoyed the Swim & Chat Group's Annual Lunch, hosted by conveners Mike & Joan Forrest in the Newmarket Room at 'The George' in Norwich. Despite it being held on Friday 13th March, no gremlins spoiled the occasion!

Welcoming everyone, Mike said that he and Joan were delighted to see so many of the Group present, including five first-time attendees. He added that this is the 24th year of Swim & Chat. All being well, 2027 will be the Group's Silver Anniversary!

Thanks were given to General Manager Sophie Ainsworth and her Team for all the arrangements on the day and to the Chef for providing tasty food!

This group meets on Friday mornings from 9.45 at the UEA Sportspark Pool and is open to new members. The only cost is the price of entry to the pool which can be halved with a Go4Less discount card. For any more information, please contact Mike on [mwforrest126@gmail.com](mailto:mwforrest126@gmail.com)



### **Suggestions for new groups**

## Play Reading Group

We have received an enquiry from a member who would like to join a Play Reading Group. She feels unable to be the Convenor but is prepared to be an Assistant.

Have we anyone amongst our membership who would be willing to set up a Group?

If so, please contact Groups Coordinator Willem Buttinger  
[willem@u3anor.org](mailto:willem@u3anor.org)

## Cinematic milestones

Suggestion from Stephen Peart for another Group:

Dear U3A members and cineastes amongst you! I'm offering to launch a new group; apparently, there is a need for another one devoted to lovers of cinema? Cinematic Milestones is my theme: historic films which reflected attitudes, introduced fashions, made history, won awards and some condemned by the critics; only to reappear as 'cult movies'.

I've no wish to steal the show from existing film groups or compete for their patronage. I'm proffering a monthly gathering at a city venue where we view the film then applaud it or pull it apart! Proposed titles are available. Shows could be more frequent if demand dictates: the bigger the uptake; the better the venue. The only cost will be venue hire; divided between patrons. I'm Stephen Peart: bringing a lifetime's experience working with film; in broadcast television and published on local cinema history. If you are interested in supporting the plan I welcome your comments. Mail: [stephengpeart@btinternet.com](mailto:stephengpeart@btinternet.com) or text: 07742 096029  
A successful launch will be governed by the uptake!

Please contact me at [newsletter@u3anor.org](mailto:newsletter@u3anor.org) if you would like your group featured especially if you are open to new members or if you have any suggestions for what needs to be included in the Newsletter.

Regards to you all, Rosemary

